



Post Operative Blepharoplasty Instructions

1. Put ice packs on your lids for 20 minutes every 4 hours while awake for the first 2 days after surgery.
2. Use Gentamicin ointment (provided) to lid incisions twice a day for 1 week. A Q-tip works well for application.
3. Use artificial tears ointment (provided) in eye (s) at bedtime every night.
4. Expect some blood-tinged drainage for the first 24 to 48 hours after surgery.
5. Avoid direct water to the eyelids for the first 3 days after surgery.
6. Avoid using aspirin or medication containing aspirin for 3 days after surgery. Tylenol should be used for mild pain rather than NSAIDS like Naprosyn, Advil, Motrin, and Celebrex
7. Avoid strenuous activity for the first 3 days after surgery.
8. Significant pain and/or vision loss, while rare, are abnormal after surgery. Call Dr. Beck immediately if this occurs at home 283-1183, cell 727-0066, or have him paged through the hospital at 283-2700.